

# Ready and Trusting

Sunday, 10/30/2022    Standing Firm

Week 44

**15** and, as shoes for your feet, having put on the readiness given by the gospel of peace. **16** In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one;—

Ephesians 6:15–16

*“As for shoes for your feet, having put on”*

Shoes are often misunderstood as spreading the Gospel

v. 15, Isaiah 52:7, Romans 10:15

Shoes actually refer to our \_\_\_\_\_ to stand firm, resting in our peace with God v. 15,  
Isaiah 52:7, Romans 10:15,

*“Take up the shield of faith”*

Faith is intended to be exercised in \_\_\_\_\_  
v. 16

The purpose is to guard against the temptations of Satan  
v. 16b

How do we take up this shield? By turning and running to God  
v. 16b, Genesis 15:10; Proverbs 18:10

## Questions For Reflection

- What are the shoes of readiness?
- What are some things that you worry, fear, or are anxious about? How can you put on God’s peace more than life’s stresses?
- What is the shield of faith?
- Is there space and time in my community of faith to share deeply from the heart, confess sins, and build up one another? If not, how can that be nurtured?