

Be Angry And Do Not Sin

May 15th, 2022 • Ephesians 4:26–27



Context

Chapters 1–3, the Gospel to us
Chapters 4–6, the Gospel through us

Anger: “an active _____ because something or someone you care about is threatened or hurt”—Dr. David Pawlinson, *Journal of Biblical Counseling*
In other words, anger shows who or what we _____ .

Two kinds of anger:

_____ anger, James 1:20
Mark 3:5—marked by holiness and compassion

_____ anger, Ephesians 4:26

Renewing the mind:

This is the fruit of the Gospel, not a self help program.

_____ if this anger pleases the Lord, James 1:20, Ephesians 4:26

If not, then _____ away, put it off and, Ps 37:8, Prov 22:24, 14:29, Ecc 7:9, Jm 1:19

Be _____ with giving the devil a foothold, Eph 4:27, Mtt 5:22

_____ to speak truth in love, Eph 4:15

_____ to God, Ps 13:5

_____, prompt resolve, Eph 4:26

Practice Matthew 18:15–17, presupposes Ez. 36:26

Prayer or Response: <tinyurl.com/occec-response>

- A. I **confess** I have anger issues. Please pray I deal with it soon.
- B. I will **discern** and see if my anger is righteous or human
- C. I will seek **accountability** to resolve a specific anger issue
- D. I resolve to be more **gracious** to a family member
- E. I will **memorize** this (or another) verse to help renew my mind

Questions, suggestions, comments, prayer requests? Please email me at Ted@JourneyEC.org