

How To Not Grieve The Holy Spirit

5/29/2022

Ephesians 4:30

And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption
—Ephesians 4:30

“And..

Today’s text _____ and begins summarizing the previous four examples of putting off the fleshly, putting on the new, and renewing the mind. It is in Paul’s same train of thought of *“maintaining the unity of the Spirit.”*

...do not grieve...

Grief (original): *severe sorrow; root used to describe* _____.

We are the cause of the Holy Spirit’s grief.

Grief can be understood as the other side of _____.

...the Holy Spirit of God...

The Holy Spirit is a person, not a force—Jeremiah 9:18, Jn 11:35, Lk 19:41.

He promises to _____, even when I don’t feel Him.

How is the Holy Spirit grieved?

...by whom you were sealed for the day of redemption.”

His seal _____, authenticates, and secures.

Grief can be understood as the other side of _____.

So how do I **not** grieve the Holy Spirit?

By putting off the old flesh, putting on Christ, and renewing my mind.

By maintaining the unity of His Spirit in how I interact with believers.

Suggested applications, discussion questions, meditation

- I will refer to Holy Spirit as a person (He), not a force (it).
- What thinking have I changed recently to renew my mind?
- I don’t want to grieve His Spirit, I will confess a recurring sin and practicing putting off, putting on, and renewing my mind.
- For parenting, I will incorporate putting off, putting on, and renewing.
- I will do my part to reconcile with a family member this week